

CMS PARTICIPANT WELLNESS & ILLNESS REQUIREMENTS POLICY

Overview

The Board of Sierra Stars Leadership Camp, Inc. (SSLC, Inc.) which organizes and runs the leadership summer camp, Camp Monte Stella (CMS), has always maintained an illness policy for our staff and campers. In light of the COVID-19 pandemic, we are taking additional precautions to address concerns and recommendations related to COVID-19. Health checks, hand washing requirements, and strict “feeling sick” requirements will be in place until further notice because the health and safety of our participants is a priority for SSLC, Inc.

Policies may be updated from time to time to incorporate new recommendations from the CDC, California Department Public Health and other health authorities as appropriate. The Participant Policy and Wellness Requirements are for everyone’s benefit during this unique time.

Policy

Staff and campers must comply with the following health and illness policies. Refusal or failure to comply with health and illness requirements will be grounds for termination of participation.

The total number of participants will be limited to 80 at the Silver Spur Campsite in Tuolumne County. Our camp nurse is an EMT with experience in managing crowds and handling health emergencies.

1. General Requirements for Participants

Before Camp:

- Participants do not need to be vaccinated but are required to have a negative COVID-19 test taken within 4 days before summer camp arrival. Your vaccination card or COVID-19 test results will need to be uploaded to the pre screen survey before arrival (survey to be linked later).
- The camp fee will be refunded in full if a camper tests positive for COVID-19 before arrival.
- All fees will be refunded in full if we decide to close in-person camp.
- Do not attend camp if you or a household member are sick, “high-risk”, and have any symptoms of illness, have been directed by health authorities to quarantine or isolate.

At Camp:

Drop off & Pick-Up

- Kerb-side drop-off and pick-up for all campers at the campsite. All other people involved in transporting the camper must remain in their vehicle.
- Before exiting the vehicle, a pre-screen temperature check is required for all participants.

- Participants who show symptoms during the pre-screen will be asked to leave camp with everyone in the vehicle. A full refund will be made.
- Visitors are not allowed into camp.

Daily:

- A daily health screen by the camp nurse will be conducted for the duration of camp.
- Wear face covering as directed by staff. The only maskless activity will be swimming.
- Wash or clean hands frequently and as directed by staff.
- Comply with any social distancing protocols specified by staff or facility signage.
- Social distancing and keeping campers in the same cohorts will be maintained as far as possible. We are looking into modifying large gatherings such as the campfire and Decades Dance.
- Participants will comply with staff direction regarding participants who become sick during camp. For example, symptomatic campers will be directed to leave, or isolate in a separate cabin while parents will be required to immediately pick up campers. We will isolate an entire cabin if there is wider evidence of symptoms.
- Realize that programming may change or be forced to close in the event of exposures

After Camp:

- We will be contacting campers after they depart camp to monitor any post camp outbreaks. If any positive tests are reported, families will be notified of possible exposure. The same would happen if we find someone during camp.

2. Stay Home When Participant or Household Members are Sick or Show Symptoms of Illness

- Common symptoms of COVID-19 include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell, and gastrointestinal symptoms like nausea, vomiting, or diarrhea.
- Other conditions for which you should stay home include, lice, pink eye or hand, foot and mouth disease, other communicable diseases, diarrhea, rash or swelling on any part of the body, runny nose with yellow/green mucus, persistent cough, or other cold/flu symptoms.
- Making the Call/Mild Symptoms: If you or a family member in your household has experienced mild symptoms, please err on the side of caution and stay home.

3. Standards for Attending In-Person Camp After Illness

If you or anyone in your household have been sick, you may not participate in CMS until you meet the following criteria but not limited to

- ❑ At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms such as cough, shortness of breath); and
- ❑ At least 10 days have passed since symptoms first appeared

4. Health Screenings

SSLC, Inc. and CMS reserve the right to ask health screening questions and conduct temperature checks prior to allowing participation for in-person camp such as CMS.

The Participant Policy and Wellness Requirements are for everyone's benefit during this unique time. We are grateful for your participation and look forward to a memorable CMS 2021.